HERB Plants



Annuals & Tender Perennials - generally prefer full sun, rich, humus soil with adequate moisture

- Basil, Ocimum basilicum, must stay warm, leaves signature to Italian cuisine, versatile, medicinal
- Borage, Borago officinalis, edible leaves and summer flowers cucumber-like flavor, direct-sow
- Cedronella, Balm of Gilead, C. canariensis/triphylla, leaves used in tea, potpourri, and herb pillows
- Celery Leaf, Apium graveolens, often discarded, but valuable fresh culinary herb
- Chamomile, *Matricaria recutita*, flowers multipurpose, likes sunny and sandy
- Chervil, Anthriscus cerefolium, classic salad herb or in fines herbs (w/ parsley, tarragon, chives)
- Cilantro / Coriander, Coriandrum sativum, cool growing conditions, culinary leaves, root, and seeds
- **Dill**, Anethum graveolens, snip leaves as fresh seasoning, attracts bees if it flowers
- Epazote, Dysphania ambrosioides, pungent herb used in Mexican bean dishes as a carminative
- Fennel, Foeniculum vulgare, snip leaves and seeds fresh seasoning, bulbs edible, licorice-flavor
- Lemon Verbena, Aloysia, tender perennial, strong aromatic, lemony leaves, tea, deter insects
- Lemongrass, Cymbopogon citratus, tender perennial, lemony stalks culinary and health uses
- Papaloquelite, Porophyllum ruderale, cilantro-arugula flavor, used in Central and South America
- Parsley, Petroselinum crispum, biennial, sprigs fresh seasoning and garnish, attractive edging
- Pineapple Sage, Salvia officinalis, tender perennial, leaves fresh/dried medicinal and culinary
- Salad Burnet, Sanguisorba minor, cucumber-like flavor for salads, sometimes replaces mint
- Shiso, Perilla frutescens, frilly green or purple leaves fresh for spicy Asian seasoning, blooms
- Stevia / Sweet Leaf, Stevia rebaudiana, stevioside in leaves many times sweeter than sucrose
- Summer Savory, Satureja hortensis, lilac-white summer flowers, aromatic Mediterranean culinary

Perennials & Herbaceous Perennials - generally prefer poor, well-drained soil, on the dry side, in the sun

- Angelica, Angelica archangelica, statuesque biennial, leaves, stems, roots, seeds multipurpose
- Bay, Laurus nobilis, Mediterranean shrub, fresh/dried steeped leaves fragrant flavoring in soups
- Bee Balm, Monarda didyma, young leaves culinary, multipurpose medicinal with thymol
- Cardoon, Cynara cardunculus, culinary leafstalks, purple bloom attracts bees, grows tall each year
- Catmint, Catnip, Nepeta cataria, leaves and stems fresh/dried, medicinal, irresistible to cats
- Chives, Allium, garlicky leaves and flowers, bees love them, multiple medicinal uses
- Echinacea, Coneflower, bees love summer pink/purple flowers, rhizome multipurpose medicinal
- Honeywort, Cerinthe major, tender perennial likes full sun to light shade, Mediterranean origin
- Horehound, Marrubium vulgare, flowering stems fresh/dried as medicinal

Source: Sunset, Houdret Herbs This list is a reference that cannot guarantee inventory or results.



HERB Plants

- Hyssop, Hyssopus officinalis, leaves and flowers fresh/dried, medicinal or culinary with discretion
- Lavender, Lavandula, aromatic multi-purpose, angustifolia delicate enough for culinary
- Lemon Balm, Melissa officinalis, fresh leaves lemony culinary, multipurpose medicinal
- Lovage, Levisticum officinale, herbaceous perennial, all parts medicinal, culinary, and drinks
- Marjoram, Origanum majorana, sprigs as seasoning, sweeter than oregano, attracts bees
- Mint, Mentha, can be vigorous in rich and moist soil, medicinal, spearmint fresh/dried seasoning
- Oregano, Origanum vulgare, aromatic multipurpose, springs as seasoning, attracts bees
- Rosemary, Rosmarinus officinalis, dry Mediterranean, sprigs and flowers seasoning, multipurpose
- Rue, Ruta graveolens, yellow summer flowers, in perfumes, historically medicinal "herb of grace"
- Sage, Salvia officinalis, Mediterranean shrub, leaves aromatic multipurpose, attracts beneficials
- Santolina, S. chamaecyparissus, yellow flowers, potpourri to deter moths, medieval medicinal
- Sorrel, Rumex acetosa, lemony fresh herb, multiple medicinal and cleaning uses, stalk grey-blue dye
- Tarragon, Artemisia dracunculus, 2' herbaceous perennial, fresh/dried seasoning just before serving
- Thyme, Thymus vulgaris, fresh/dried seasoning, natural cleaning, groundcover habit, bees love it.
- Valerian, Valeriana officinalis, pale pink flowers in summer, leaves, root, and oils used medicinally
- Vietnamese coriander/mint/cilantro, Persicaria odorata, tender, used in Southeast Asian cuisine
- Winter Savory, Satureja, peppery Mediterranean seasoning, digestive, "bean herb", bees love it
- Yarrow, Achillea, peppery leaf culinary and in drinks, flowers and leaves multipurpose medicinal

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